

Let's Talk About AI

AI Savvy Seniors | What It Is. Why It Matters. How to Try It Today.

Why AI Is a Big Deal

Every Technology Before AI

Replaced physical work — tractors, assembly lines, calculators, computers.

What's Different About AI

AI is the first technology to automate thinking. Reading, writing, reasoning, summarizing. That's new — and that's why everyone is talking about it.

You Already Use AI

- Netflix recommending shows
- Spam going to junk automatically
- GPS rerouting around traffic
- Credit card fraud alerts
- The voice that understands you on phone menus

You're not starting from zero.

You Already Know How to Google

AI chat is the next step beyond Google. Here's the key difference:

	Google Search	AI Chat
What you get	A list of websites	A direct answer
How to ask	Keywords work best	Plain English works great
Follow-up?	Start a new search	It remembers what you asked
Writing help	Find examples online	It writes with you
Current info	Very good	Good — searches web too

The Big Concerns — Honestly

Will AI take all the jobs?

Some jobs will change. Some will go. New ones will be created. This is a real conversation society is having.

Is it an existential threat?

Serious researchers disagree. What's in the headlines is usually the most alarming version of a more complicated debate.

What about energy & environment?

Real concern. Data centers use significant water and electricity. The industry knows it. Same tradeoffs we made with the internet.

These are societal-scale questions. Whether to try a chatbot tonight is a personal decision.

Try It Tonight — Your Getting-Started Guide

AI Savvy Seniors | No account needed to start. Just go to the website and type.

The One Thing to Remember

AI will sometimes tell you something wrong — with complete confidence.

It doesn't know it's wrong. It's not lying. It just made a mistake. This is called hallucination.

The rule: Great for everyday questions, learning, and writing. For medical, legal, or financial decisions — always verify with a real professional.

✅ Safe to try casually

Asking a question costs nothing and risks nothing. Try it, decide you don't like it, walk away. No commitment.

🛡️ Designed with guardrails

The companies building these tools have entire teams whose only job is making sure AI won't help someone do something harmful.

🔒 Not listening all the time

A chatbot only processes what you type. It is not recording your home or reading your emails.

⚠️ Always verify important things

- Medical decisions
- Legal or financial matters
- Specific facts that really matter

The Three You'll Hear About Most

ChatGPT

by OpenAI

Most tutorials online. Great starting point.

chat.openai.com

Claude

by Anthropic

Known for clear, careful answers.

claude.ai

Gemini

by Google

Best if you already use Gmail or Google Docs.

gemini.google.com

All three are free to start. No credit card needed.

Step-by-Step: Try It Tonight

1	Open your browser (Chrome, Safari, or Edge)
2	Go to claude.ai or chat.openai.com
3	Type a question — no account needed to start
4	Read the answer. Ask a follow-up.
5	Like it? Sign up free with your email — 2 minutes

Setting up: Sign Up → email → password → verify. Free, no credit card.

Starter Questions to Copy

Not sure what to ask? Try one of these:

- What are the side effects of lisinopril?
- What questions should I ask my doctor about my upcoming surgery?
- Why does my knee hurt more when it rains?
- Help me write a thank you note to my neighbor.
- What's a good recipe for quick chicken soup?
- What really caused the Great Depression?
- Why do cats purr?
- What's the difference between a will and a trust?

The goal isn't to learn everything. Just try one question tonight.